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Sayward Christian Fellowship
 Morning Service 11:00 AM
 740 Gentry Rd.
 Mark Johnson 250-282-3473
 Bruce Fyfe 250-282-3301
Everyone Welcome!

Bedwell River Homes Limited Shawn Sinclair
 (250) 282-3726
 Email: brh@saywardvalley.net
 1004 Sayward Road, Sayward, BC
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 We make it beautiful... you make it home!

Sayward Sewing and Mending

 Contact Charon
250-850-7144

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 250-709-5234

Hans Hoepfner
 BC Master Electrician FSR B
 DBA HIGH Electric
 TSBC License# LEL0013603
 Tel: 250 201-0612
 h.hoepfner84@gmail.com
 721 Sayward RD
 Sayward, B.C.
 V0P1R0

GREY ROCK ENTERPRISES
 ESTD 2022
 Call Milo at 250-282-5577 or
 greyrock5577@gmail.com

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♥ HAPPY Valentine's DAY ♥

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 SAYWARDNEWS@GMAIL.COM
DEADLINE IS THE 20TH OF THE MONTH

PEMBERTON HOLMES REAL ESTATE
 Rosa Powell
 Cell:250-204-2639
 Email: rositapowell@gmail.com
 Office Phone: 1.800.665.5303

SAYWARD NEWS

February 2025

Sayward School PAC is hosting a...
VALENTINE'S DAY BAKE SALE
 Friday, February 14th
 12:30pm-2:45pm
Sayward School

Fresh breads, cookies galore, muffins, cake/cupcakes, take and bakes and hot beverages will be available!

HOT Lunch options:
 -Turkey Soup+ Bun
 -Hot Dog

TAKE AWAY





The Strathcona Regional District Regional Board Meetings for the year 2025 will be held at **12:30 PM** on the following dates:

January	Wednesday	22
February	Wednesday	19
March	Wednesday	26
April	Wednesday	23
May	Wednesday	21
June	Wednesday	25
July	Wednesday	23
August	Wednesday	20
September	Wednesday	17
October	Wednesday	22
November	Wednesday	19
December	Wednesday	10 @ 11:am

Elected Officials of the SRD

Area A Director

Gerald Whalley (250) 282-3787 gwhalley@srd.ca

Board of Directors Chair:

Mark Baker (250) 203-5428 mbaker@srd.ca

Village of Sayward

PO Box 29, 652 H'Kusam Way, Sayward B.C. V0P 1R0
 Office hours: 9:00am-4:00pm (closed 12-1pm for lunch and Statutory Holidays)
 Phone: 250-282-5512 Email: village@saywardvalley.ca
 Website: www.sayward.ca

Strathcona Regional District

990 Cedar Street, Campbell River, B.C. V9W 7Z8
 Office Hours: 8:30am-4:30pm (closed Statutory Holidays)
 Phone: 250-830-6700 Email: info@srd.ca
 Website: www.srd.ca



Village of Sayward

The Village of Sayward Regular Council Meetings for the year 2025 will held in Council Chambers at **7:00 PM** on the following dates:

January	Tuesday	7
January	Tuesday	21
February	Tuesday	4
February	Tuesday	18
March	Tuesday	4
March	Tuesday	18
April	Tuesday	1
April	Tuesday	15
May	Tuesday	6
May	Tuesday	20
June	Tuesday	3
June	Tuesday	17
July	Tuesday	15
August	Tuesday	19
September	Tuesday	2
September	Tuesday	16
October	Tuesday	7
October	Tuesday	21
November	Tuesday	4
November	Tuesday	18
December	Tuesday	2

Elected Officials of the Village of Sayward

Mayor:

Mark Baker (250) 203-5428 mark.baker@saywardvalley.ca

Councillor:

Scott Burchett (604) 818-5558 scott.burchett@saywardvalley.ca
 Sue Poulsen (250) 282-0184 sue.poulsen@saywardvalley.ca
 Debra Coates (236) 507-2259 debbie.coates@saywardvalley.ca
 Jason Johnson (604) 355-1552 jason.johnson@saywardvalley.ca



Trustee:

Shannon Briggs (250) 282-3364 shannon.briggs@sd72.bc.ca



Provincial Government Member of Legislative Assembly:

Anna Kindy anna.kindy@conservativebc.ca



Federal Government Member of Parliament:

Rachel Blaney 1-250-287-9388 or 1-800-667-8404



COMMUNITY SHARE SHED OPEN

Monday, Wednesday, & Saturday
10:00am-1:00pm

located beside the Recycling Depot
 Donations of functional, clean items accepted during open hours. Please **do not** leave items outside. For information please call Debbie @ 250-895-4500



Village of Sayward



Looking for Work or Considering Making Changes?

WorkBC Centre-North Island is here to help.



- Self-Employment
- Career Planning
- Employment Counselling
- Job Search Support
- Job Start Financial Supports
- Short Term Certificate Training (for Work Purposes)
- Training Options
- Work Experience
- Weekly/Monthly Drop-in Services
- Information Sessions
- Hiring Fairs
- Employer Services
- The North Island Job Bank
- Special Events
- Monthly Newsletters

WorkBC Centre-Campbell River
920 Alder Street
(T): 250-286-3441
Toll-free: 1-866-286-6788
Email: info-campbellriver@workbc.ca



WorkBC Centre-Port Hardy
102-7160 Rupert Street
(T): 250-286-3441
Toll-free: 1-866-286-6788
Email: info-porthardy@workbc.ca



Join us at the Sayward Royal Canadian Legion #147, 699 Sayward Road at 1:00pm for BINGO:

February 9
February 23



SLOW DOWN & MOVE OVER



OFFICIAL VEHICLES INCLUDES: EMERGENCY VEHICLES AND MAINTENANCE VEHICLES. EQUIPPED WITH FLASHING RED, BLUE OR AMBER LIGHTS.

SLOW DOWN AND IF SAFE TO DO SO MOVE OVER

70 KM/H IF TRAVELING IN A 80KM/H OR FASTER SPEED ZONE, DRIVERS MUST SLOW DOWN TO 70KM/H.

40 KM/H IN A LESS THAN 80KM/H SPEED ZONE, DRIVERS MUST SLOW DOWN TO 40KM/H.

IN THE TEN YEAR PERIOD OF 2008-2017: 230 WORKERS HAVE BEEN HIT BY MOTOR VEHICLES IN BC WHILE WORKING BESIDE OR ON THE ROAD; AND 12 OF THESE WORKERS DIED.

DRIVERS FACE: A \$173 TICKET AND THREE PENALTY POINTS FOR FAILING TO SLOW DOWN AND MOVE OVER.

Susan Mallinson
-Your "Sayward Specialist"



A resident of Sayward for 20 years, filled with local knowledge.

20 plus year experience

Susan Mallinson
Royal LePage Advance
Office: 250-286-3293
Cell: 250-203-3545

Sayward Christian



"It gave me great joy to have some brothers come and tell about your faithfulness to the truth and how you continue to walk in the truth." 1 John 1:3

Morning Service 11:00 AM
740 Gentry Rd.

Mark Johnson 250-282-3473
Bruce Fyfe 250-282-3301

Everyone Welcome!

Local Organization Information

AA Meetings: 250-282-0030
Crisis Line: 1-888-494-3888 Available 24/7
Heritage Hall: 250-282-0192
heritagehallsca@gmail.com
Kelsey Centre: 250-282-5500
kelseycentre@saywardvalley.ca
Mainroad Contracting: 1-877-215-7122 Available 24/7
Oceanview Gallery & Cafe: 250-282-0018
info@saywardfutures.ca
Royal Canadian Legion Branch #147: 250-895-4500
President - Debbie Grill
Saturday Farmer's Market: 250-282-3242 Barb
10:00am to 1:00pm Saturdays at Heritage Hall
Sayward Burial Park: 250-282-5512
Sayward Bursary: 250-282-3465 Marilyn Barry
Sayward Christian Fellowship: 740 Gentry Road
Sunday Service at 11:00am
250-282-3301 Bruce Fyfe
250-282-3473 Mark Johnson
Everyone Welcome!
Sayward Community Food Table Society: 250-282-5503 scfts2023@gmail.com
Sayward Community Health Society: 250-850-7144
Charon Risdale: charonrids@gmail.com

Sayward Fish & Game
Meets - 7:30pm - last Wednesday of each month at Heritage Hall
Sayward Futures Society: 250-282-0018
info@saywardfutures.ca
Sayward Garden Club: 250-282-3799 Alex Turner
Meets 7:00pm - 2nd Thursday each month at Heritage Hall
Sayward Harbour Authority
250-282-0178 Colin Read Executive Director
250-201-0612 Wharfinger Hans Hoepfner
Meets - 9:30am - Last Sunday each month Harbour Office
Sayward Health Clinic: 250-282-3815
Sayward Literacy Now
250-282-3851 Jan Bakker: bokkie.bakker@gmail.com
250-282-3450 Ann Vansnick: annvasnick3@gmail.com
Sayward Post Office: 250-282-3223
Monday - Friday: 9:00am-5:00pm, Sat: 8:30am-12:30pm
St. Bernadette's Catholic Church: 963 Despins Road
Sunday Service at 11 am (3rd Sunday at 3:00pm)
VI Regional Library: 250-282-5551
Monday: Closed
Tuesday - Wednesday: 10:00am to 8:00pm
Thursday - Saturday: 10:00am to 2:00pm
Sunday: 12:00pm to 4:00pm



270 Kelsey Way
New Price \$449,900
MLS983262
Sq Ft 2060

Plenty of possibilities! This ocean-view home is ready for new owners to give it a makeover to suit your taste and needs! This home sits on a .19 acre lot with a storage and woodshed in the backyard.

Rosa Powell
Cell: 250-204-2639 Office: 1-800-665-5303
rositapowell@gmail.com
<http://rosapowell.realtyhd.com/>



Why book with a travel agent?

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- 3) They have your back. When things go wrong, a travel professional knows who to call to get it fixed on the spot. Whether your flight is canceled, or the wrong room was booked, one phone call will get it fixed.

Contact Janet Baker
250-895-9296

131 Seaview St, Sayward, BC. V0P 1R0
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In case of emergency – call 911

Local Emergency Services Contact information for

Non-Emergencies:



Sayward RCMP
250-282-5522



Sayward Volunteer Fire Department
250-282-5505 svfd@saywardvalley.ca



Sayward Ambulance Station:
250-282-3600



Sayward Emergency Program
Emergency Program Coordinator:
epc@saywardvalley.ca



SRD Emergency Preparedness Program
Protective Services Coordinator:
Shaun Koopman 250-830-6702
preparedness@srd.ca



Emergency Phone Notification System

The Village of Sayward in conjunction with the Strathcona Regional District uses **Alertable** as our public emergency mass notification service.

Alertable can notify residents, visitors, and businesses of emergencies in a timely manner to people who subscribe to receive these alerts. It can also be used to notify residents of other non-emergency items such as scheduled road closures, power outages, water and sewer alerts, and much more. This service is free.

The system is compatible with mobile phones, tablets, computers or smart speakers. It can also send alerts via text message, voice calls to land lines, and e-mail.

The link to sign up for this system is located on the Village website here: <https://www.sayward.ca/municipal-services/emergency-services/alertsnotifications>



Village of Sayward



SCRA- Heritage Hall Happenings – 1257 Sayward Rd

heritagehallskra@gmail.com 250-282-0192 Become a member! Membership is \$5 a year

FEB 14th at 1 pm

FREE SENIORS (65 PLUS, if one is 65 and other younger you qualify) WE ARE PUTTING ON A VALENTINE'S LUNCH ON FRIDAY FEBRUARY 14TH at 1PM, INSTEAD OF A CHRISTMAS DINNER THIS YEAR. PLEASE REGISTER BY EMAILING HALL OR CALLING HALL OR BARB BOWBRICK AT 250-282-3741 – You have to register by Feb 8 so we can make sure we have enough food. We are accepting cash donation/gift cards towards lunch.

Saturday Market and Garage Sale \$2 a table! 10 -1pm February 1, March 1, April 5 No need to book just come on down!

Song Circle 3rd Thursday of the month. Kids with adult supervision. Want to learn? Want to share your talent? Everyone welcome!! 7-pm, \$2 drop in fee

Sayward Helping Hands Crochet, knit or sew? Come down to the Heritage Hall Tuesdays from 10am-2pm. Share your knowledge with others. Bring your lunch! \$2 drop-in fee. Need more information call Barb 250-282-3741

Help wanted - We are looking for a fill in cleaning person to fill in when our regular cleaner is not available. This position is a few hours a week approximately. Please send your resume to the Hall email by Feb 10th, 2025

Next SCRA – Heritage Hall Meeting February 11th at 7pm all welcome

All subject to change



Calling all farmers and would-be farmers:

SAYWARD FARMERS' INSTITUTE

will be holding their AGM & Potluck
Saturday, March 1st – 5:00 p.m.

at the Heritage Hall

For information: Call Beth at 250-282-3473

Y'all come now!

Christmas Dinner at the Crossroads Restaurant and Pub

Thank you to all that helped out making our Christmas Dinner at the Crossroads such a big success. First for Laura putting on the dinner and the staff of the Crossroads Restaurant and Pub. Our delivery people Sarah, and Sebastien for delivering. Ann for volunteering. The KC for donating the van to pick up people for the dinner. Also to Sayward Literacy Now for the donation. The SCRA was happy to help bring Christmas dinner to all that signed up as they were going to be alone for Christmas.

Thanks, the SCRA- Heritage Hall Board of Directors.

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nibcrental@gmail.com

northislandbouncecastle rentals.com

Sayward Recycling Depot

~ new hours ~

Thursday, Friday, Saturday, Sunday

9:00am-5:00pm

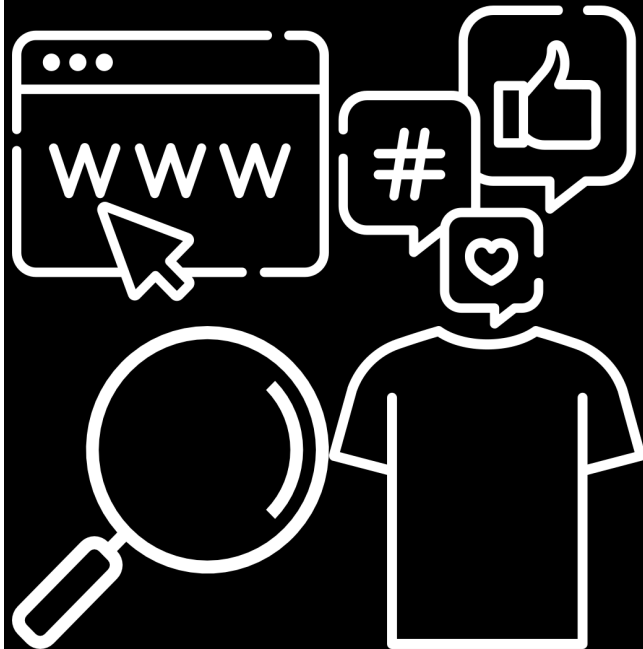
(Wednesday hours have been removed)



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Sayward Clinic Corner

Due to the significant increase in respiratory illnesses right now, Island Health has implemented the Masking protocol again.

We would ask that everyone who comes into the clinic to wear a medical grade mask.

These are available at the front desk of the clinic.



Sayward Age friendly Van

**February - April 2025
Schedule**

February 13th & February 27th
March 13th & March 27th
April 10th & April 29th

Drivers: Mid Month Julie & End Of Month Wayne

The Age Friendly Van is for anyone over the age of 19 years. The van will pick you up and drop you off at your home. Pick up time after 9am at your location. The driver will take you to appointments, shopping or any other destinations required. Return time to Sayward may vary from trip to trip, depending on the riders needs. Sayward Van will arrive back in Sayward no later than 5pm unless arrangements are discussed in advanced and approved. Cost is by Donation

Please call the Kelsey Centre the day before by Noon
For More Info Contact the Kelsey Centre 250-282-5500



February 2025

Clinic Phone: 250 282-3815 Fax: 250 282-0040

Clinic Hours: 9-5 Monday to Wednesday, 9-4 Thursday

Public Health Phone 250 850-2110



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 Labs 9 - 11:30	28	29	30	31 CLINIC CLOSED	1
2	3 Labs 9-12	4	5	6	7 CLINIC CLOSED	8
9	10 Labs 9 - 11:30	11	12 Seniors Lunch 12 at the Kelsey Centre	13	14 CLINIC CLOSED	15
16	17 CLOSED FAMILY DAY	18	19	20	21 CLINIC CLOSED	22
23	24 Labs 9-11:30	25	26	27	28 CLINIC CLOSED	1

This Schedule is subject to change. Masks are once again mandatory at Island Health Sites.



Village of Sayward

Council Corner by Mayor Mark Baker

With a New Year, brings you new hope for a brighter future.

We, the Mayor and Council have been working hard through our strategic planning sessions to become a better representation of our village. To come into an alignment of mutually agreed plans, for a brighter future for our community. Some of our focus was on group dynamics and personal behaviors for more accountability. It was interesting learning about our own personalities through a high 5 test, giving us a better understanding of how to work together.

Long term planning for future development within the community. Making it easier for new developments by lessening red tape, while maintaining a safe and viable outcome for the village. We are working diligently to get grants for badly needed infrastructure updates, acknowledging this as a priority.

The MacMillan project update. Currently engineering plans are being drafted with consultation with First Nations. The grant of 1.2 million has been approved and the village has set aside an additional 400 thousand towards the project. We thank everyone for their patience as this has been a long drawn-out process. However, it has to be done correctly in order for it to be successful.

As chair of the SRD, we have started a committee to look at the possibility of Area A, contributing to the Kelsey Center. On the committee will be 2 area directors, Area A director Gerald Whalley, Area C director Robin Mawhinney, with 2 municipal directors including myself and Susan Sinnott . The purpose will be to bring back information to the SRD to determine whether or not Area A will contribute to the center and based on the recommendations of the committee look at what steps are needed to move forward.

An update for City West and the new cable for internet. City West is projecting completion of this service between 3 to 6 months away. They have been sending area reps out to homes to sign up for their services, as far as I can tell it is coming in at comparable prices to Mascon but with higher user speeds. If you have not signed up for the curb to house service, it is not too late to contact them. I was told that there would be a charge for the service after the fact.

If you do have questions or concerns, I would encourage you to come to the council meetings or do not hesitate to contact me.

Sincerely, Mayor Mark Baker

FEB 22

AGES 13+

Teen Night
CLIMBING
Outing

We invite teens aged 13+ to join us on a special outing to On The Rocks Climbing Gym. Pickup and drop off provided. Lunch at Popseys Restaurant to follow (Thanks to Popseys for the generous donations!)

Only 5 spots available
Must call to register
250-282-5500

652 HKUSAM WAY
SAYWARD, BC
250-282-5500

Kelsey Centre

FEBRUARY TEEN NIGHTS

CRAFTY NIGHT & KRAFT DINNER **FEB 7**

FEB 14 **VALENTINES CAMP**
4:30 - 8PM. ALL AGES. FREE FOR TEENS. CRAFTS, GYM GAMES, HOT DOGS

PICKLE BALL & PICKLE PLATTER **FEB 21**

FEB 22 **OUTING TO ON THE ROCKS CLIMBING GYM** **AGES 13+**

CHILL NIGHT WITH MILKSHAKES **FEB 28**

652 HKUSAM WAY
SAYWARD BC
250 282 5500

Kelsey Centre

Kelsey Centre

FEBRUARY 18

PRO D SPORTS CAMP

\$10 **1:30 - 4:30PM**

JOIN US FOR A SPORTS THEMED PRO D DAY CAMP!
DODGEBALL, PICKLEBALL, BASKETBALL, SOCCER.. LETS TRY THEM ALL!
SNACKS PROVIDED!

Kelsey Centre

CHAIR YOGA
With Dani

Chair yoga is a promising form of exercise for adults or those with mobility issues. Despite any limitations you may have, chair yoga can help you feel stronger, improve flexibility, reduce stress, and aide with pain management.

Drop in: \$6.00 - 10 pack: \$54.00

MONDAYS 4:30-5:15pm	THURSDAYS 4:30-5:15pm
-------------------------------	---------------------------------

652 H'Kusam Way
Sayward, BC
250 282 5500



SAYWARD FUTURES SOCIETY

Our Community, Our Future

VOLUNTEER OPPORTUNITIES

MT. H'KUSAM & KUSAM KLIMB

Sayward Futures Society is very pleased to share that once again *Coastline Endurance Running* will be managing the Kusam Klimb for 2025. Coastline Endurance has an amazing track record of managing competitive races throughout Vancouver Island including the previous two Kusam Klimbs in 2023 and 2024. This locally grown event that began in 2004 has grown to 900+ participants and is now the 2nd largest endurance race in British Columbia. Registration for 2025 opened on January 15 and is nearly sold out.



The Kusam Klimb race takes place on Bill's Trail on Mt. H'Kusam. Bill West-Sells started building the trail in 1989. You can watch a video on YouTube featuring Sayward's Bill West-Sells and his trail building journey! Please go to YouTube online and search for *Bill's Trail*.

YOUR COMMUNITY NEEDS YOU!

TRAIL MAINTENANCE

If you would be interested in assisting with the trail work required to prepare for the Kusam Klimb or trail work on any of the other recreational trails and rec sites, we will be having a volunteer meeting in the near future. And thank you to all those who expressed interest at our AGM, we will be in touch soon.

For More Information Email
info@saywardfutures.ca

VOLUNTEER FOR KUSAM KLIMB 2025

Friday, June 20 to Sunday June 22, 2025

For More Information Visit

<https://www.coastlineendurancerunning.com/kusam-klimb/>

SAYWARD RECREATION SITES

ELK CREEK



Just 500yds north of the Sayward Junction you'll find this beautiful, forested creekside site with a trail on the south side of the access road. Visit nearby Sayward Village, Kelsey Bay Wharf's

Oceanview Gallery & Cafe, the Sayward Visitor Centre, and hike through the Salmon River Estuary trails.

STEWART LAKE



You will find Stewart Lake about 37km south of Sayward, where there are four sites nestled in an old growth forest at lakes' edge, a fifth site is perched on a hill across the road and a trail

circles the lake through the trees. A very popular spot for fishing, restricted to electric motors, and has a steep cartop boat launch within the site.

TLOWILS LAKE



Just 20km north of the Sayward Junction, this site is nestled amongst a small old growth cedar grove on the beautiful Tlowils Lake. This site has a cartop boat launch with five smaller sites more

appropriate for tenting or a truck and camper.

SANTA MARIA DAY SITE



A short drive of 7km from the Sayward Junction, this gorgeous little day getaway is wonderful for picnicking, fishing, canoeing, kayaking or just lounging for the day!

Senior's Luncheon

February 12th



12:00 - 1:00pm

Come enjoy a social gathering at the Kelsey Centre. Lunch, dessert and refreshments provided. This is a free event. Rides available upon request.

652 H'Kusam Way
Sayward, BC
Phone: **250-282-5500**

Thank you to all volunteers who put their time and effort into making this event special for our community.

Sayward School PAC Meetings Schedule

All held in the Sayward School Library

Everyone Welcome!



Monday, January 13th at 2:45pm
Thursday, February 13th at 2:45pm
Monday, March 10th at 2:45pm
Monday, April 7th at 5:00pm
Thursday, May 8th at 2:45pm
Monday, June 9th at 5:00pm AGM



No Parking

on boulevards between

November 15th to
March 15th

to help Public Works in
clearing snow and ice
to keep you safe.



Village of
Sayward



Village of
Sayward

Reminder: 2025 Business Licences

Reminder to all businesses conducting business within the Village of Sayward boundaries, that a business licence is required every year.

Please contact the village office for more information regarding types of licences and fees.

Village of Sayward office hours: 9:00am-4:00pm
(closed 12-1pm for lunch and Statutory Holidays)

Phone: 250-282-5512

Email: village@saywardvalley.ca

Kindergarten 2025-2026 REGISTRATION OPENS FEBRUARY 3



Register Online!


Children who are turning 5 in 2024 can register for kindergarten the week of February 3 to February 7. Register by May 12, 2025 to secure your space in your neighbourhood school.

To register you will need the child's birth certificate (Canadian) or proof of citizenship, the child's Care Card, proof of current residence (hydro bill, completed purchase/rental agreement or property tax notice, and custody agreement, if applicable.

Families interested in learning at home with eBlend, our distributed learning program, should call (250) 830.2325 for more information. Those interested in Liq'wala/Kwak'wala kindergarten need to register at their catchment school first and then submit an expression of interest online or at Ripple Rock Elementary School.

Visit www.sd72.bc.ca or contact your neighbourhood school for more information!

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CAMPBELL RIVER
School District 72

Sayward Community Food Table Society Pick Up Dates for 2025

SCFTS's list of Pick-Up dates for 2025

SCFTS and Volunteers Appreciate everyone picking up their Boxes. Please Advise SCFTS if You, a Friend, or Family Member cannot pick up for You.

Contact: scfts2023@gmail.com or Call (250) 282-5503

Heart healthy foods



Register for Program Call-the Clinic: (250) 282-3815 or BCAS: (250) 282-3600

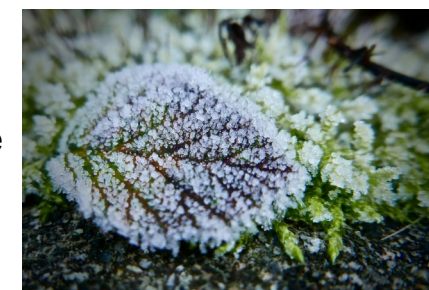
Garden Club News

February can be unpredictable. While the rest of Canada can be frozen solid, we can look forward to a west coast early Spring. On days when it is not freezing or raining there is a chance to spray fruit trees. Lime sulfur/ dormant oil spray is a two part treatment that can be mixed with water and sprayed over the whole tree at a time before the new buds form. This spray is approved for organic growers and can control the formation of scab on apple trees. The lime sulfur parts may also be applied later in the season, left on for a half hour and then washed off with a garden hose.

This is also a good time of year to dig out persistent weeds like buttercup. If you have a good compost that can digest these weeds, they can return as good fertilizer for your garden.

The Garden Club will resume our New Year meeting schedule on Thursday, February 13 at the Heritage Hall. At that meeting we will be offering a wide variety of free vegetable and flower seeds. Some of these seeds are open pollinated varieties collected from the gardens of our members. These local seeds are specially vigorous in pollination and growth. We also have commercial seeds that are extras that members have beyond their personal needs and can share with others. Please come and share the bounty. The meeting starts at 7:00 pm and new members are always welcome.

We are seeking topics or speakers of interest. Please let us know your personal suggestions. Happy gardening!





Friday February 14th

Valentines Camp

4:30 - 8pm

Enjoy a romantic evening alone with your spouse, or some quality peace and quiet by sending your kids to our Valentines camp!

Glow in the dark gym games, music, crafts, and the ultimate game of hide and seek!
Dinner and snacks provided!

\$12.00

Must call to register!
250 282 5500

652 H'Kusam Way • Sayward, BC • 250 282 5500



FAMILY MOVIE NIGHT

FEBRUARY 21
6-8PM

KIDS: \$4
ADULTS: \$5

JOIN US FOR A MOVIE ON THE BIG SCREEN
DELICIOUS THEATRE POPCORN,
CONCESSION OPEN




The Sayward Volunteer Fire Department is accepting APPLICATIONS FOR RECRUITMENT.



You must be:

Living in the Sayward District Fire protection area, team oriented, healthy/physically fit, and of good character (RCMP security check required).

We offer:

Involvement in community activities ranging from fire fighting, rescues, first responder medical service, to public education events. Paid training is provided.

We are flexible to meet your time commitments, we work around our members lives to make it easy as possible for you to be part of our team. Insurance plans available for both on and off duty. New friends and acquaintances guaranteed. **And lots of fun!**

For more information, or to apply please contact the Sayward Volunteer Fire Department @ 250-282-5505 or svfd@saywardvalley.ca or come to our weekly meetings every Monday @ Fire Hall #1 - 7:00pm



February 2025

Effective Immediately



KELSEY RECREATION CENTRE SCHEDULE

250-282-5500

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2:00PM - 7:00PM	2:00PM - 7:00PM	2:00PM - 7:00PM	2:00PM - 7:00PM	2:00PM - 8:00PM
WEIGHT ROOM & SAUNAS	WEIGHT ROOM & SAUNAS	WEIGHT ROOM & SAUNAS	WEIGHT ROOM & SAUNAS	WEIGHT ROOM & SAUNAS
2:00PM - 7:00PM	2:00PM - 7:00PM	2:00PM - 7:00PM	2:00PM - 7:00PM	2:00PM - 8:00PM
AFTER SCHOOL PROGRAM	AFTER SCHOOL PROGRAM	AFTER SCHOOL PROGRAM	AFTER SCHOOL PROGRAM	AFTER SCHOOL PROGRAM
2:30pm - 4:30PM	2:30PM - 4:30PM	2:30PM - 4:30PM	2:30PM - 4:30PM	2:30PM - 4:30PM
CHAIR YOGA	PARENT & TOT GYM	MAUI THAI	CHAIR YOGA	MAUI THAI
4:30 - 5:15PM	2:00 PM - 3:00PM DROP IN PROGRAM	4:30PM - 6:00PM REGISTERED	4:30 - 5:15PM	4:30PM - 6:00PM & ADULT DROP IN
AEROBICS	SENIOR CRIB & CRAFT	MAUI THAI	AEROBICS	TEEN NIGHT
All LEVELS	6 :00- 7PM multipurpose room	6:00PM - 7:00PM ADULT DROP IN	All FITNESS LEVELS	AGES 11+
5:15PM- 6:15PM			5:30PM- 6:30PM	6:00PM - 8:00PM
PICKEL BALL	AEROBICS			
ADULT DROP IN	All FITNESS LEVELS			
6:00 - 7:00pm	5:30PM- 6:30PM			



Kelsey Centre Facility Changes

We are currently undergoing maintenance to the facility. Operational hours have been reduced at this time. Some programs have been moved or cancelled until further notice.

Kelsey Centre Pool will remain closed. We apologize to our valued patrons and know we are doing everything we can at this time to correct the situation.

Sincerely,

Kelsey Centre Manager & Staff.



A brief history of the Clinic and Sayward Community Health Society.

Over 15 years ago, there was a huge effort to get a medical clinic for Sayward. A spot was chosen near where the Share-Shed is now, but for reasons unknown to us, the project was abandoned just before ground was to be broken. In the following years, some efforts were made to breathe fresh life in the idea, but these never came to fruition.

In 2011, Mayor MacDonald held a meeting at the Heritage Hall to again attempt to get a community medical clinic started in Sayward. After hearing the formation of a non profit society was the final hurdle, 5 of us stepped forward to get the process started. Aggie Pringle, Angie Hayward (now Hibbert), Lisa LeSigne, Eve Hrybko, and Pat Rusch. There were approximately 40 people there that evening.

Following the move of the Village Office into the Kelsey Centre, the old village office building was offered to us for Clinic space. We accepted and proceeded with renovations to make the building suitable for a medical building. These were done by volunteer labour using donated materials. We then started raising money to pay for utilities etc. The community came forward in droves to offer everything from cash donations, to internet service, to office supplies, to art work for the walls. At this time we received no other outside funding whatsoever.

The village assisted us with the building by picking up all running costs for the first year of operation. The running costs were then taken over by the Society and the village continues to provide external structural maintenance and substantial other help. We occupy the building on a rolling 5 year lease.

The next step was for us to be recognized as a clinic with the Comox-Strathcona Regional Hospital District. This also took several months. It is our understanding that accomplishing this also took several meetings between Mayor MacDonald and VIHA. These were followed by meetings with premiers Campbell and Clarke, the Ministry of Health, and the Comox-Strathcona Hospital District.

The final result was the recognition of the clinic within the hospital district and under the Provincial Hospitals Act. The Mayor also secured some annual operating funding from the CSRHD, but this can only be spent on equipment or capital items, not running costs. The village CAO at the time was also involved in all these discussions.

During this time, we solicited community advice on what services they would like to see offered at the clinic. Following this we held a Grand Opening in January 2012. Over 80 people attended this opening and it was covered by the press.

Because the Clinic now officially existed, discussions continued and eventually VIHA agreed to provide a Nurse Practitioner for 3 days a week. The Society was involved in the hiring process and resulted in a job share between Laura Koop and Fran Chiste who started in August 2013. It soon became clear that the Clinic was far too busy, and more hours were needed. VIHA was approached and with the help of Area Manager Enid O'Hara their schedules were changed.

We then discovered the Society was entitled to some payment towards the running costs so a contract was signed with VIHA. Next came medical assistant Crystal Harris-Johnson (paid for by VIHA) computer support, and custodial staff (paid for by the Society). Previously the NP's had been doing their own administration and the board had been doing custodial duties.

Fund raising continued and with the help of the Community, Sayward Council and the SRD who provided assistance and applied for grants, we managed to purchase a centrifuge that was needed to provide lab services, a 12 lead ECG machine, a lab chair and the new computer system we installed. We also continued to fund raise for things like the new bio-hazard resistant flooring, and extra holter monitors. The community has stepped up and helped every step of the way.

Along the way, NP Danielle Daigle took over from Laura and Fran, who and we carried out further extensive renovations including the new reception area, 2nd examination room, NP kitchen area and separate blood processing room. The majority of this work was done on a volunteer basis by Dan Fear who we cannot thank enough for his continuing efforts. The outside of the building was also spruced up nicely by the village. The paint job was done by village staff after the health society chose the colours.

We now have our full time NP here, Tracey Payne, and the receptionists in place for all the hours Tracey works.

All visiting practitioners were originally sourced by the board and asked to come to Sayward, but we now have a lot of help in this regard from Island Health. The Society is still able to source outside practitioners who may be a benefit to our community.

Your Clinic was a ground breaker at the time, in that it is a COMMUNITY CLINIC, funding is administered by the Board on your behalf and not a faceless bureaucracy. This is how for example, we have 2 holter monitors and patients don't have to wait weeks for one from CR. Staff are provided by Island Health.

The downside of this of course is that we are responsible for the running costs of the facility and the Island Health/CSRHD contributions don't completely cover them. The Society obtained Charitable status which helps, and we can issue charitable tax receipts for donations over \$25. Medical facilities are often specifically excluded from grant applications and so are running costs, so we continue to depend partly on the support of the community to upgrade the Clinic and pay the bills! In the last 2 years alone we have added the new disabled door and replaced the computer systems, which cost almost \$20,000.

Our associate membership scheme is a great help in this regard. It is also necessary for our charitable status. It is not necessary to become a member to use the clinic, but it really helps us if you do.

Annual membership is only \$10 per year and entitles you to a small discount on our already cheap drivers medicals.

We would like to thank each and every one of you who have supported us in the continued growth of this much needed addition to our wonderful community.

Angie Hibbert, Aggie Pringle, Lisa Lesigne, Charon Ridsdale & Ambyr WB.

Your current SCHS Board of Directors.